

International Board of Directors
5 - 8 october 2017
Nice - FRANCE



Mensa France

contact :
ibd@mensa.fr

The place where the IBD meetings will be held, in rooms of the "[Westminster Hotel](#)", where the delegates will also be accommodated.

27 Promenade des Anglais - 06000 Nice
 +33 (0)4 92 14 86 86



The gala dinner will be held on Saturday evening in the "[Palais de la Méditerranée](#)" close to the Westminster hotel

13 Promenade des Anglais - 06000 Nice
 +33 (0)4 93 27 12 34

We will meet you at [Nice airport](#) on thursday 6th, and drive you to the venue.

We will wait for you at the "conference" reception facilities (one for each terminal) on the "arrivals" concours, in front of the baggage collection area.

The airport is at the start of the "Promenade des Anglais", approximately 20 minutes from the Westminster Hotel by car.

If you are arriving by train, we can pick you up at the SNCF railway station. Please let us know the train number and the time of arrival.

[View map](https://is.gd/tFU22s) on <https://is.gd/tFU22s>



Schedule		9:00 / 10:45	10:45 / 11:00	11:00 / 13:00	13:00 / 14:00	14:00 / 15:30	15:30 / 15:45	15:45 / 17:00	17:00 / 18:00	18:00---	22:00...
Wed. 4 th	Hotel Westminster	ExComm members arrival Arrival of volunteers for installation									
Thu. 5 th	Westminster	Arrival of participants. Transfers airport -> hotel. Welcome, registration check								Games and Icebreaker	
Fri. 6 th	Westminster Président	Meeting	Coffee break	Meeting	Lunch	Meeting	Coffee break	Meeting	Break	Intelligence Day	
Sat. 7 th	Westminster Président	Meeting	Coffee break	Meeting	Lunch	Meeting	Coffee break	Meeting	Break	Walking to the Gala Diner	
Sat. 7 th	Westminster Belle Époque	Convention Nationale * Mensa France									
Sun. 8 th	Westminster Président	Meeting	Coffee break	Meeting	Lunch	Half day tour Visit of Monaco and its Oceanographic Museum				Helsinki Party	
Mon. 9 th		Departure of the post-IBD tour			Transfers hotel -> airport					Goodbye... See you next year in Hungary.	

* The "Convention Nationale Mensa France" on Saturday, is a National Board of Directors, like IBD, but at the national level. Approximately 60 French members are expected.

On Friday and Saturday (all day long) and on Sunday morning, tour for non-delegates (see page 3).

Things to know when you are in France

Payments

Currency: Euro €

In each terminal of Nice Airport there are two foreign [exchanges offices](#) where you can get the Euros you need.

- Cash (notes and coins). Some merchants refuse notes of €100 and higher.
- There are automated teller machines (ATMs) throughout the city, accepting most credit cards.
It is not advisable to have too much cash on oneself. Beware of pick pockets.
- Credit card. Most merchants accept usual credit cards, often with a minimum payment (around 10 €) required.
- Bank checks. Less and less used, they are not recommended. If accepted by the merchant, you will need an ID.

Taxes

VAT is 20%. The reduced VAT rate of 5.5% applies to food products and some services.

Visa

Do you need a visa to enter France?

Look at the [official French website](#). If necessary, mail to ibd@mensa.fr

Wi-Fi

Wi-Fi is available in hotels, sometimes restaurants, free of charge.

Outside, 3G and 4G networks are available almost everywhere.

You can rent a pocket wifi, examples [here](#) or [here](#).

Phone

To call a French number 0033 (or +33) then 9 digits Example: to call my phone, 0637540341, dial +33637540341

Emergency phone numbers

- 15: SAMU medical emergencies
- 17: police
- 18: fire brigade

Tips

Although taxes are already applied, it is usual to leave a tip, in a cafe or restaurant, or when taking a taxi.

The value depends on your satisfaction, but remains low (from 1 to 5 €).

Food and Drink

Many restaurants offer traditional French cuisine, but you will also find cuisines from many countries, Asian, North African, Italian...

The price of a meal in the restaurants is about 15 to 25 €, excluding drinks.

Wine is quite expensive in restaurants.

You can have vegetarian food in many restaurants.

One can find specialties of Nice in the old city called "[Vieux-Nice](#)".

Running water is drinkable everywhere, unless you see this pictogram



Electricity

The French standard is 220 V AC
50Hz.

Typical wall sockets
Type C and type E



To contact IBD team

Team administration ibd@mensa.fr

Phone numbers: Managers [Richard](#) Huméry +33 (0) 637 540 341

Treasurer tresorier@mensa.fr

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Website christiane.dumont@mensa.fr

Climate

The weather in October is often sunny, with average temperatures of 13.7 ° C (56.7 ° F), though usually a little warmer in early October.

IBD Itinerary

Wednesday, October 4th

ExComm members arrive at the Westminster Hotel.

Thursday, October 5th

- ExComm meeting - Westminster Hotel, "Massena" room
- Delegates and guests arrive in Nice. Transfers between airport and the Westminster Hotel
- Reception and check-in at the hotel
- Check-in at the IBD registration desk. Distribution of badges, goodies and various documents.

17:00 - ...

- Game(s)
Then
- Ice Breaker in the Westminster Hotel "Halle aux Fresques"
"Wine and Cheese" tasting
Dress code casual, buffet party (standing)



Friday, October 6th

- 09:00 - 17:00 IBD meeting - Westminster Hotel, "Président" room
- 13:00 - 14:00 Lunch for delegates - "Halle aux Fresques"
- Evening, dinner at an Italian restaurant, "[The Di Piu](#)" - 85 Quai des États-Unis, 06300 Nice
- Daytime: Optional tour for non-delegates

Saturday, October 7th

- 09:00 - 17:00 IBD meeting - Westminster Hotel, room "Président"
- 13:00 - 14:00 Lunch for delegates - "Halle aux Fresques"
- 11:00 - 17:00 "Convention Nationale Mensa France" - Westminster Hotel, "Belle époque" room
- Daytime: Optional tour for non-delegate

- 19:00 - ... Gala dinner

Dress code : business or black tie
Style : sit-down dinner



Walking to
Palais de la Méditerranée

Sunday, October 8

- 09:00 - 12:00 IBD meeting - Westminster Hotel, room "Président"
- 13:00 - 14:00 Lunch for delegates - "Halle aux Fresques"
- 14:30 - 20:00 Visit to Monaco and the Oceanographique Museum. Departure by bus in front of the hotel Westminster
- Evening, dinner at "[The Choucas](#)", restaurant of fondues - 3 place Vieille, 06300 Nice
- 22:00 - ... Helsinki Party

Monday, October 9

- Transfers between Westminster hotel and airport

Tours for non-delegates

On Friday October 6th, full day

Morning : departure in front of the Westminster Hotel, towards [Grasse](#), the world's capital of perfume. Visit the traditional factory of the perfumer [Galimard](#) under the guidance of their English speaking hostess, you'll discover their magnificent collection of museum pieces as well as an antique production equipment. The visit will lead you through the laboratory and the conditioning room where the origins of perfume can be traced. A thorough explanation of the extraction methods of aromatic raw materials, flowers, plants, and aromatic woods is given. You will also discover the work place or organ of the composer of perfumes, called the Nose, and some of his or her secrets will be revealed to you. If you wish, you will be able to create your own personal fragrance under the guidance of a 'Nose' (1h30 workshop). Then, you will take your creation home in a personalized perfume bottle with the name you have chosen for your design.

Lunch at a nearby restaurant.

Afternoon: Visit the cute village of Gourdon, with an incomparable 80 km panoramic view of the French Riviera coastline from Théoule-sur-Mer to Nice. Visit the gourmet workshop of Confiserie [Florian](#) in Tourrette sur Loup. Discover the sweet, wonderful world of the candied specialties from the South of France. During the guided tour in French and English, you can witness the transformation of the region's best fruits and most beautiful flowers into confectionery products. Each tour is followed by a free tasting, and a vast array of specialties is available for purchase, should you so desire, at special factory prices.

Price for this day (based on 30 participants) : 35 €, or 79 € if you wish to create your own perfume.



On Saturday October 7th, full day

Visit the island [Sainte Marguerite](#) where the Man in an Iron Mask was a prisoner.

Visit of the historical Fort Royal and Museum of the Sea. With an exhibition of works by Yann Arthus-Bertrand (at this museum).

This island is part of the Lerins islands, across from Cannes.

A bus will drive you from Nice Westminster to the port of Cannes. Then a boat will take you to the island, the crossing takes about 15min.

If weather permits, you will be able to swim in "La Grande Bleue". Think about taking your swimsuits.

Beautiful walks will be made on the island, with Jean-Luc, member of Mensa, specialist of this place.

A picnic basket will be provided for lunch.

Then back to Cannes and Nice, allowing you enough time to prepare for the gala dinner.

Price, based on 20 participants, is 53 €.

